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Manage Your Day-To-Day: Build Your Routine, Find Your Focus, and Sharpen Your Creative Mind (99u Book) Audio CD - Unabridged, 15 Oct. 2013. Note: This item is eligible for click and collect. Details. Pick up your parcel at a time and place that suits you.

Book Summary: Manage Your Day-to-Day by Jocelyn K. Gleib

Manage Your Day to Day was put together by 99U, an institution focused on telling the stories of creative individuals and leaders that are shaping industries and changing careers. With contributions from over 20 creative individuals you just know this book is full of great advice.

Over half of Americans expect Election Day to be the most stressful day of their lives thus far, according to new research. According to a recent survey that asked 2,000 U.S. adults to evaluate their current mental health, 55% believe that November 3, 2020 will be the tensest day yet this year. In addition, 59% say they can't imagine being more stressed than they've been this year, and 67% ...

Manage Your Day-to-Day: Build Your Routine, Find Your Focus, and Sharpen Your Creative Mind by Jocelyn K. Gleib. Goodreads helps you keep track of books you want to read. Start by marking "Manage Your Day-to-Day: Build Your Routine, Find Your Focus, and Sharpen Your Creative Mind" as Want to Read: Want to Read. There is nothing earth shatteringly new in Manage Your Day-to-Day: Build Your Routine, Find Your Focus, and Sharpen Your Creative Mind but it is a great read. A collection of short essays from twenty leading creative minds, it will remind you of all the things you've read over the years about good creative practice and it will give you the reasons behind why you should make the changes you know you need to make.

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sages, find focus amid chaos, and carve out the time you need to do the work that matters.

Manage Your Day-to-Day by 99U and Jocelyn K. Gleib

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Manage Your Day-to-Day: Build Your Routine, Find Your ...

"Manage Your Day-to-Day is an essential guidebook for

navigating information overload and all the other complications and distractions of 21st century life. The lessons contained within are vital in helping us to find the time and space to successfully accomplish daily goals, while creating a safe space for creativity to flourish."

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Manage Your Day-to-Day • Jocelyn K. Gleib

Do you work at a breakneck pace all day, only to find that you haven't accomplished the most important things on your agenda by the time you leave the office? The world has changed and the way we work has to change, too. Manage Your Day-to-Day will give you a toolkit for tackling the challenges of a 24/7, always-on workplace. We'll show you how to build a rock-solid daily routine, field a constant barrage of messages, find focus amid chaos, and carve out the time you need to do the work ...

Manage Your Day-to-Day Audiobook | Jocelyn K. Gleib (Editor ...

Manage Your Day-to-Day isn't just another productivity book, it goes far beyond that, especially for creative people. I like how Jocelyn K. Gleib inserts snippets of experts from the creative community, covering a wide range of related topics such as self-control, emotions, mindfulness, and grits that most people overlooked.

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